How medical prices impact premiums

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How a Premium Dollar Is Spent





Medical Costs – Fundamentals of Health Insurance

Medical Cost	Utilization	x	Unit Cost
	 Demand for services # seeking service # services per visit Lifestyle Behavior 		 Cost per service Provider type Location Pharmacy
•			
In a fee-per-service approach, more services			

done at increasing costs drives higher overall cost



The Impact of Provider Contracting





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Drive toward a value-based discussion



Goal is to find the right balance between

- Provider requirements for revenue
- Carrier desire to maintain the network within constraints of revenue (premium)



The Impact of Lifestyle Behaviors and Social Determinants of Health (SDoH) on Medical Costs



Source: Institute for Clinical Systems Improvement: Going Beyond Clinical Walls; Solving Complex Problems, 2014 Graphic designed by ProMedica

SDoH and lifestyle behaviors have a tremendous affect on an individual's health regardless of age, race or ethnicity.

